

DEPARTMENT OF SOCIAL SERVICES

Community Care Licensing Division
Northern California Children's Residential Program
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OUT-OF-STATE ANNUAL REVIEWMORRISON COUNTERPOINT RESIDENTIAL & DAY TREATMENT CENTER

2408 SW Halsey, Building J
Troutdale, Oregon 97060

FACILITY VISIT DATE: June 22, 2005

CALIFORNIA DEPARTMENT OF SOCIAL SERVICES STAFF MEMBER

Kathy Bakke, Licensing Program Analyst

PURPOSE OF VISIT

The Morrison Center-Counterpoint Program is seeking re-certification with the State of California, Department of Social Services, Community Care Licensing Division, Out-of-State Certification Unit. The purpose of this visit is to verify that the facility is in compliance with California Group Home Licensing standards for recertification.

CALIFORNIA PLACING AGENCIES

Currently, there are no California children placed at Morrison. Staff explained that they have not had a California placement for a year, but would like to continue to be certified.

Sacramento, San Luis Obispo, Plumas, and Ventura Counties have placed with Counterpoint.

FACILITY AND PHYSICAL PLANT OVERVIEW

The Residential Program is located at 2408 SW Halsey, Troutdale, Oregon 97060 on the Edgefield Children's Campus, which is approximately four acres. The facility is connected to the Day Treatment Program by a breezeway. The residential component has a capacity of 14, with 10 bedrooms, living space, full-service kitchen, bathrooms, storage areas and a large outdoor recreation area. Most of the bedrooms house one child. Two bedrooms have two children each and there are audio monitors in these rooms. The census during this visit was 12 boys. There is one boy from the community attending day treatment. On this site are classrooms, treatment offices and administrative offices.

Morrison Child and Family Services was founded in 1947 as a Child Guidance Clinic by Portland Psychologist, Carl Morrison. Morrison has numerous programs through the Portland area which serve

children and families, and currently is the largest provider of mental health and social services in Oregon. The Counterpoint Day Treatment began in 1983 and is a program for youths with sexual offender issues.

EMERGENCY DISASTER PLAN

The facility has an emergency disaster plan in place, and instructions are posted inside the facility. There are various buildings on the site that can be used in the event that the residential facility is threatened. Fire drills are conducted once a month.

FIRE CLEARANCE

Inspections are conducted by the Tresham Fire Marshall on an annual basis. No deficiencies were cited on the last clearance.

LOCAL STATE LICENSING/COMPLAINTS ISSUES

Oregon Department of Human Services licenses the Morrison Center. Inspections occur once a year. The last licensing report required the facility to lock the laundry room door, and to conduct a fire drill after 10 p.m.

Oregon Youth Authority also makes regular visits to the facility to inspect and monitor the program.

HEALTH DEPARTMENT CLEARANCES

The Health Department visits the facility to inspect all areas of the kitchen and storage closets. Morrison is on city water and uses the city sewage system.

ADMINISTRATION AND PLAN OF OPERATION REVIEW

Dixie Stevens, Program Director, Jodie Teitelbaum, Program Manager and Jeff Abbott, Residential Director were present during this visit.

Morrison has a copy of a valid license for the facility. Administrative review revealed no issues related to intake procedures, operating outside of licensing capacity, staffing ratios, and health and safety. Intake screening is done by the Program Manager, and residential supervisor or therapist.

PROGRAM REVIEW AND CHANGES

The Residential Program provides treatment and residential care to boys ages twelve through seventeen. Boys will usually stay in the program for 18 months. This program specializes in the treatment of boys who have sexually offended; who have done repetitive, intrusive, and unwanted things to others; such as rape, sodomy, and touching. Boys also have other issues such as family problems, anger management, problems with peer relationships, and depression. They may have been victimized, and have problems with authority. Many of the boys have been adjudicated because of sexual offenses. The boys receive counseling services through individual skill-building, organized groups, recreational activities, social skill opportunities, and leisure activities, which help them learn pro-social behavior. They learn to address inappropriate sexual thoughts and behaviors, and they

address issues related to each of their specific treatment plans. All boys in the residential facility attend the Day Treatment Program for school and treatment, Monday through Friday.

The facility does not accept boys with a history of physical violence; however, they may accept a boy whose had some violence in the past but is not currently exhibiting that particular behavior. They do not accept children who are developmentally disabled with an IQ under 70, those who are actively psychotic without medications, children who have an extreme dependency on alcohol or drugs, and children who have such extreme sexual predatory behavior that could cause risk to the community or other children in care. They also do not accept children who have a history of setting fires or chronic runaways. However, these factors are examined on an individual basis, and a youth may be accepted on a trial basis to determine appropriateness of placement.

The level/point system is used in the residential component.

The philosophy of the Morrison Center is that the care of the sexually offending youth is a shared responsibility of the family, school, social services and the individual. This philosophy emphasizes strengthening positive interactions, and helps the child become more responsible for his own behavior, and to demonstrate his ability to be safe in life. Staff also focuses on helping the child successfully transition from the program to the community.

Four proctor homes are licensed by Oregon Youth Authority, and certified by Counterpoint. Each house may have three children. Proctor parents provide care and supervision and help the child work towards treatment goals. They are responsible for transporting the children to and from school and treatment. Proctor parents communicate with the therapist on a regular basis.

Morrison is responsible for interviewing, fingerprinting, conducting the home study and providing training for the proctor parents. Proctor parents have 40 hours of initial training, 20 hours of annual training, monthly meetings and support from the Center.

Morrison has a contract with Oregon Youth Authority for nine beds; the Youth Authority is the primary referral source for the Center.

EMERGENCY INTERVENTION PLAN/INCIDENT REPORTS

Morrison staff has training in Crisis Prevention and Intervention, and de-escalation procedures. There is a trainer on site. The Center has a policy of using verbal de-escalation. Physical restraint is a last resort and will occur only if the resident is inflicting immediate and serious harm upon himself or others. Staff will use the most minimum restraint.

A procedure is in place if a child runs away.

Clinical Incident Reports are used to document incidents. Staff is required to document residents' behavior, and all incident reports are reviewed by the Program Manager.

PERSONNEL AND CLIENT FILE REVIEW

Files reviewed were complete. All staff had health screening, first aid and CPR, and fingerprint clearances.

CLIENTS AND PERSONAL RIGHTS REVIEW

Upon admission, each resident is informed of his personal rights, house rules, schedules, daily operations, responsibility for chores, and all other policies and procedures. Children have the right to contact their attorney, probation officer, social worker, licensing, and parents upon the placement agency approval. The Center responds to unsafe behavior through internal and external “sanctions” (police) on an individual basis.

There is a resident grievance policy in place, and a child has the right to review an action or decision which affects him; no child will be subjected to retaliation for making a grievance.

Upon admission, residents are informed that there is a dress code, and clothing must be clean and neat, they must wear shirts with sleeves, no holes, no signs or slogans, and appropriate for the weather. Hairstyles should be “non-distracting”, and hair should be neat and clean.

If there is a suspicion of contraband, Morrison staff does not conduct body searches; however, a student may have to turn out pockets, or take off shoes and socks, in front of two “hands off” staff. Rooms can be searched.

MEDICAL, DENTAL, AND NUTRITIONAL FOLLOW-UP

Residents have different health plans, and are taken to a doctor at the Oregon Health Science University in Portland, as this hospital accepts most plans. They are taken to a dentist in the Portland area, and to local clinics in case of an emergency.

Medications are double locked in the facility. Logs are kept. Compliance problems are reported through the logs and incident reports are reviewed by the day treatment staff.

There is a Food Services Manager on staff who coordinates residential meals. Morrison believes that meal times provide not only necessary nutrition, but social value. Staff eat with the residents, providing supervision, role modeling, and support with appropriate dining behavior and manners.

TREATMENT SERVICES

Residential staff facilitates regularly schedule skills groups and house meetings. Skills groups are designed to teach pro-social behavior covering anger management, assertiveness training, relaxation, and peer group skills. House meetings are scheduled so that residents can help solve house issues, give input to types of activities, and resolve conflicts.

The Day Treatment Center provides a weekday array of treatment groups. The Residential Program provides counseling and care during all other times.

The program offers skills groups to teach pro-social behavior, life skills training, and managing daily and weekly chores. Daily on-site recreation, off-site activities twice a week, “milieu management confronting thinking errors and supporting the practice of positive behavior”, training in good hygiene practices, and one-on-one counseling are also provided. The Center offers education in an alternative school which is staffed by special education teachers. The group center program is staffed by social

workers and counselors. There are therapeutic activities which help with problem solving, improving motor skills, development and teamwork. There are psychiatric consultations and evaluations. The psychiatrist visits the facility weekly. Staff provide 24-hour supervision and emergency coverage, and transition services.

The social skills class meets weekly for an hour; topics are moral reasoning, trust, communication, listening, problem solving, boundaries, values, and coping skills. The accountability group is a sex offender group that meets three times a week for 55 minutes. Here residents explore their own behavior, the impact, relapse prevention and restitution which may be community service or making some kind of amends. An example is where a resident communicates to a victim that he cannot take away what happened, but he accepts responsibility and is remorseful. A child must learn to remain calm when receiving feedback during these groups.

After a child is admitted to the program, he is assigned a primary therapist who helps the resident understand the rules. The ratio is one therapist to six residents. The therapist interacts with the residents throughout the day with individual counseling, group meetings, social skills meetings, sex offender groups, recreational activities, meals and shopping, and organizes family meetings.

During this visit, staff explained that treatment plans are individualized and tailored for each specific need, e.g., if a resident will not benefit from group therapy because he will be exposed to information that would not be therapeutic or beneficial, that resident does not participate like the others. Residents must be (possibly painful) honest when relating what they did to the group, and there is a great deal of sexual content in these meetings.

STAFF ORIENTATION AND TRAINING HOURS

Morrison employs licensed therapists, counselors with a bachelors or masters degree, teachers, a residential supervisor, an office manager, and a cook.

Staff meetings are held bi-weekly, clinical and education team meetings are held once a week and residential staff meetings are held twice a month. All-staff meetings are held monthly.

All staff received at least 40 hours of training a year. Staff are trained in CPI. They receive extensive sex offender training, and training covers topics from psychological/behavioral issues to housekeeping. Staff can attend professional training in topics relevant to their positions. Consultants are hired by the program so that staff can learn from them. The program uses all-staff, team and other meetings as training.

SCOPE OF CERTIFICATION REVIEW

Areas covered during this visit were program features; training; therapy; intake and discharge; policy and procedure covering emergency intervention; AWOL; medications; file review; observation of program and daily activities; criminal record review; personal rights; food service; and physical plant.

OUT-OF-STATE CERTIFICATION FINDINGS

There were no issues of concern observed during this visit.

CERTIFICATION DECISION

Recommend that recertification be granted.